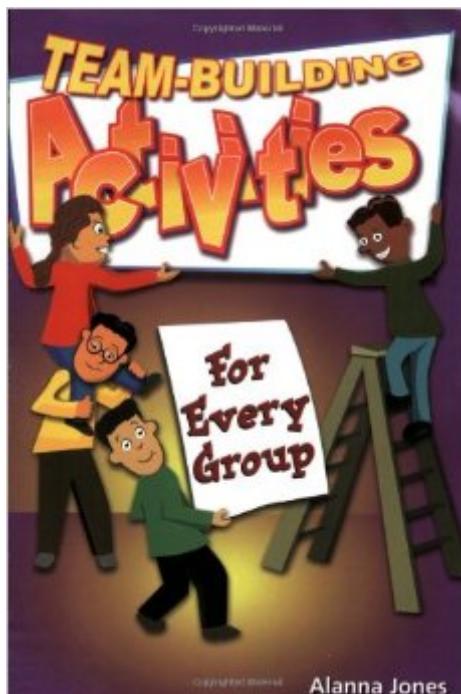


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# Team-Building Activities For Every Group



## **Synopsis**

This book is filled with fun and interactive group games to help groups bond and get to know one another at a deeper level! You can use the activities to lead a group through the stages of team-building that every group must flow through when bonding. Group members learn about one another using the get to know you games in the Mix It Up chapter. The Stir It Up chapter contains fun activities that help loosen the group up with icebreaker games. The Team Up chapter of the book is filled with 65 team-building activities and games that require group members to use teamwork to be successful. Once a team has gone through these three stages they are ready to go deeper by using the activities in the Open Up chapter to share more openly with one another and really come together as a close group. The activities in the Team Up and Open Up chapters come with discussion questions. These questions help guide the facilitator when leading the activity and lead the group to a better understanding of each other and of the role each individual has as member of the team. You will find a total of 107 games and activities in this book to promote team-building and group bonding. If you work with youth, corporate groups, therapy groups, church groups, scouts, families, school groups, sports teams, at camp, or with any other group who must work together you will find helpful games and activities in this fun, energetic, and purposeful book!

## **Book Information**

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## **Customer Reviews**

This book was exactly what I was looking for to build teams with my middle schoolers. Many activities would also be useful with high schoolers or adults. I have a lot of the traditional games and

team building activity books, but none were as well arranged or easy to use. Activities that use few or no props or items that are easy to find are what work best for me! This book is full of them!

What a great book! I am a high school teacher, and I'm not only trying to teach my students about literature and grammar, but also about teamwork, cooperation, and communication skills. This book has lots of activities that are divided into 4 levels from learning peoples' names to really opening up and sharing personal stuff. The instructions are easy to understand, and most require little preparation and supplies that you usually have around (pens, paper, tape, chairs, etc.) The book is well-organized beyond the 4 activity levels as well; for each game, the author clearly states the objective, the needed materials, instructions, and variations on the activities. For the second two levels, she also includes excellent discussion questions. It seems to me that these activities would really work with ANY group. Well worth the investment.

I did not have high expectations when I purchased this book. I honestly had hoped to discover at least three "keeper" activities. What a pleasant surprise. I have already used more than three solid activities and I have several more I plan on using in the near future. The downside: the descriptions lack the style of Karl Rohnke and there are no illustrations or diagrams. On the plus side: the descriptions are clear and understandable and the price is a bargain compared to other activity focused books. Whether you are an experienced facilitator or someone looking for your first resource book, this selection is a terrific value.

I was looking for a book to provide team-building, but this book has more group familiarization activities. The activities seem to provide strangers the opportunity to get to know each other. For managers trying to provide team-building activites, I reccommend Quick Teambuilding Activities for Busy Managers: 50 Exercises That Get Results in Just 15 Minutes by Brian Cole Miller.

I found this book the most creative of Alanna Jone's 3 team building activity books, although all have great ideas for working with groups of high school students. Although many activites were designed for team building, goal setting, etc., I was able to easily adapt them to other areas such as building trust, expressing feelings, resiliency, etc. I guarantee your students will find groups much more meaningful and enjoyable with this active approach.

This book does not contain any usefull team building exercises for adults. Building animals out of

toilet paper tubes would not impress my management! I hate to say it but this book was a total disappointment. It \*might\* be O.K. for elementary/jr high students, but adults will have to look elsewhere!

I have been a camp leader for many years, and I found Team Building Activities for Every Group to be extremely helpful in building community with adult leaders as well as helping youth and children campers to really come together as a cohesive group by the end of their camp time. I especially appreciate the discussion prompts which help me debrief the activities with participants. Highly recommended.

We used this book for a current company workshop and it was amazing. The team building activities helped the staff to learn more about each other in a very creative way. We had lots of fun and learned too. I highly recommend this book for any company looking for great team activities.

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